

West Coast
Rangers Youth Girls
Talent
Development
Programme
2025 Season Info

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MEANS
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Agenda

- 2025 Staff Introductions
- Girls Player Pathway at WCR
- Youth Football 2025 (TDP)
- Club Partnerships
- Senior Womens 1st Team and Reserves



Introductions

- Andy Dunn

- Director of Football
- Womens 1st Team Assistant Coach
- OFC A License – In Progress
- OFC B License
- New Zealand Football Advanced Pathway Coach Educator
- New Zealand Football Community Coach Educator
- Canada Soccer Association B National License
- Bachelor of Arts – University British Columbia, Canada



Introductions

- Bailey Gaughan
 - Academy Director - West Coast Rangers
 - OFC B License – In Progress
 - New Zealand Football Community Coach Educator – In Progress
 - West Coast Rangers 1st Team Player
 - NZF U20 All Whites



Introductions

- Nic Clapson
 - Community lead – West Coast Rangers
 - Womens Reserves Head Coach – West Coast Rangers
 - U14 Girls Head Coach – WCR
 - OFC B license – In progress
 - OFC C license
 - NZF Junior Level 3
 - Community Coach educator



Introductions

- James Harding
 - U16 Girls Co-Coach - WCR
 - NZF C license
 - NZF Junior Level 3
 - WCR Academy Coach
 - WCR Junior Girls Head Coach



Introductions

- Kailey Short
 - U16 Girls Co-Coach - WCR
 - NZF C license
 - WCR 1st Team Player
 - Over 100 Games



West Coast Rangers Club Values

- Our Vision Statement:
- ***"We strive to be the club Auckland's best football players want to play for, providing a pathway in the West all the way from Whole of Football to the All Whites and Football Ferns. Creating and nurturing a sense of community & belonging, we provide the opportunities to enable everyone to be the best they can be."***
- Our Mission Statement:
- ***"Invest in our players and strive to help everyone improve every day. Welcome and encourage new members and always seek to create new opportunities to connect - with our community and beyond. To be professional in all we do; operate with honesty and integrity."***

WE
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West Coast Rangers Gender Equity Charter

- 8 Auckland Clubs signed NRF Equity Charter in 2023
- Commitment to growing inclusiveness in womens football
- FIFA Womens World Cup Legacy and Sustainability
 - Upgrade to facilities at Fred Taylor Park



Girls Pathway Snapshot

Girls Aged 9-12

- WCR Girls Junior Academy
- Girls Community Team
- Mixed Community Team
- Mixed Junior Academy
- Mixed Junior Academy Plus
- Skill Center

Girls Aged 13-14

- U13 or U14 Girls Community*
- U14 Girls + U16 Girls TDP
- U13/U14 Mixed Academy

Girls Aged 15-16

- U16 Girls Community*
- U16 Girls TDP
- U14/U15 Mixed Academy
- Womens Reserves
- Womens 1st Team

Girls Aged 16+

- U19 Girls*
- Womens Social Team
- Womens Reserves
- Womens 1st Team
- Men's U23

**dependent on number of available players*



CHAMPIONS

TDP Objectives

- Produce better players for New Zealand by increasing the number of quality training opportunities for more players aged 12-19 years old.
- Provide clear training guidelines based on the unique landscape and environment in New Zealand for youth footballers wanting to be the best they can be
- Clear aspirational Pathway for youth footballers in New Zealand
- Entry into 2025 NZF Youth National League Qualifying Tournament



What is TDP?

- The New Zealand Football Talent Development Programme provides an aligned, coordinated approach to the development of high potential youth footballers, aged 12-19 years.
- The programme outlines the standards that clubs must meet as a part of gaining a New Zealand Football Regional Youth League Club License.



What is Talent?

- Talent is having the ability and/or attitude capable of reaching a higher level of performance within a sporting context.
- Our belief is that this is something achieved through effort, commitment, and guidance.





• TDP Objectives – How do we develop Talent?

- Player 1st approach to development
 - 4 Corner Model
 - Dealing with Difference
 - Relative Age Effect
- Home Grown Rule
 - 65% must be home grown
 - 2 consecutive years at the club



Physical



Mental



Social/Emotional



Technical/Tactical

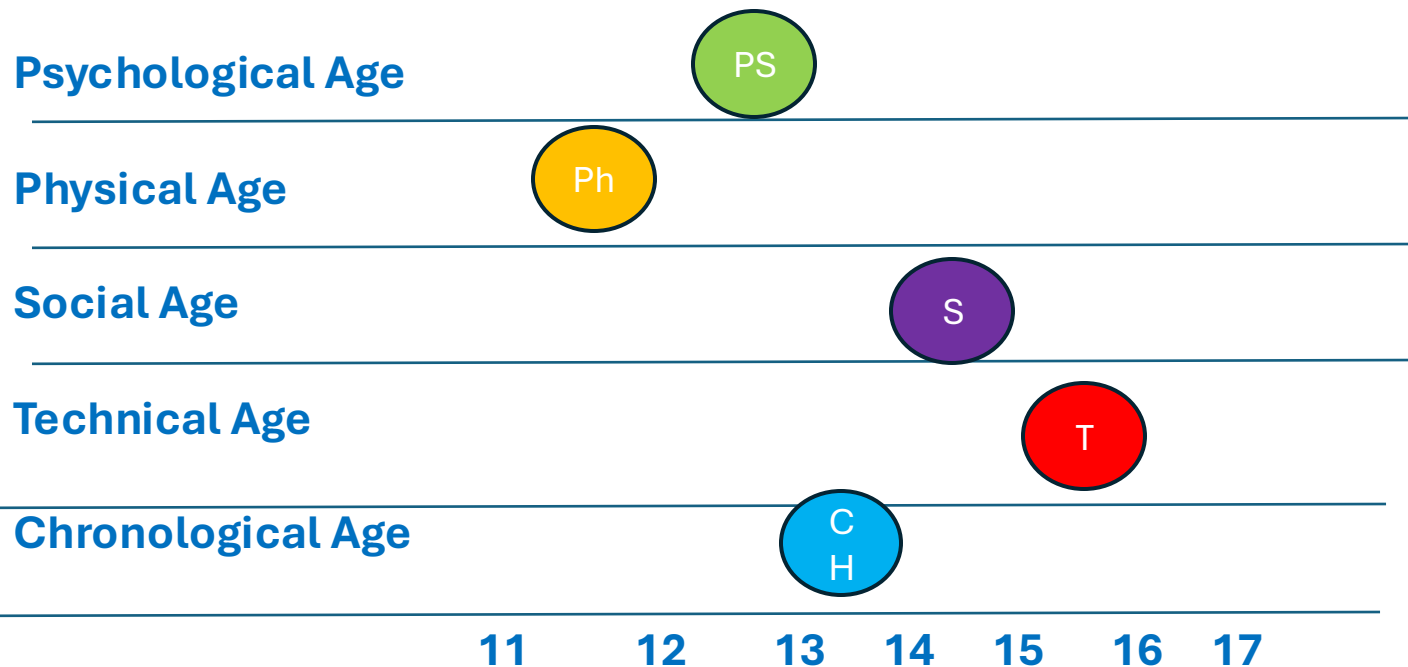
4 Corner Model

- Physical
 - Strength and Conditioning
 - Balance / Co-ordination
 - Acceleration / Deceleration
- Mental
 - Discipline
 - Sport Psychology
 - Attitude / Habits
- Social / Emotional
 - Confidence
 - Friendship
 - Ability to compete
 - Ability to deal with set-backs
- Technical / Tactical
 - Technical Skills
 - Game Understanding
 - Decision Making

Dealing with Difference

- Players develop at different rates in all aspects of the 4-corner model
- Chronological age may not represent the same as physical or psychological age
- Staff will find the appropriate challenge point for each player – This may mean playing up or down an 'age grade'

Dealing With Difference



Dealing with Difference

- Players develop at different rates in all aspects of the 4-corner model
- Staff to support ALL players on their football journey and identify that their development is not linear
- Find the appropriate challenge point for each player

Dealing with Difference



• TDP Objectives – How do we develop Talent?

- Training Load
- 30 Weeks
 - February - August
 - Tuesday and Thursdays
 - 5:00-6:30pm @ Huapai Domain
 - Games Saturday
 - Match Day Standards
 - Both U14 and U16 play same club @ same venue



• TDP Objectives – How do we develop Talent?

- C Licensed Coaches
- Competitive Games
- Ongoing Player Feedback
- Player Report Cards
- Sport Psychology + Nutrition Seminars
- Video Analysis
 - ALL Games Filmed
- Team Tracksuits



2025 Program Cost

- \$675 plus Registration Fee
- 2x Week Training (60 + sessions) + 21 NRFL Premier League Games
- Following West Coast Rangers Academy Curriculum
- Professional Coaching
 - C Licensed Coaches
- Video Analysis
- Individual Player Feedback
 - Report Cards



Identification Window + League Start Date

- **February 11th – February 27th Identification Window**
 - **Tuesday Thursdays Huapai 5:00pm – 6:15pm**
- **Saturday March 22nd NRFL Premier League Starts**
 - **League Schedule TBC**



West Coast Rangers TDP Start Date / Optional Monday Session

- MONDAY 3rd session per week optional
 - Term 1
 - March 3rd – April 7th
 - Term 2
 - April 28th – June 23rd
- 45 Minute Strength and Conditioning
 - Jalen Wilson S+C Coach
- 45 Minute Technical Session
 - Position Specific
 - Shooting / Crossing + Finishing / 1v1s



Club Partners – Northland FC

- Player Development Opportunities
- Staff Education
- Shared Resources
- International Travel



Club Partners – Northland FC

- 2025 Plans
 - Australia – October School Holidays
 - U14 Girls
 - Club Run Game Days
 - U17 / U19 Tournament Friendlies



West Coast Rangers – Youth Focused Club

Beyond West Coast Rangers

- Strive Management
 - Official partner with West Coast Rangers
 - Agency to connect players to universities in United States
 - Information evening early 2024





West Coast Rangers – Youth Focused Club

Beyond West Coast Rangers

- Fusion FC
 - Partner club in Vancouver, Canada
 - Tournament Opportunities
 - Travel Opportunities
 - University Connections in Canada
 - Direct Link to Vancouver Whitecaps – MLS and Vancouver FC – Canadian Premier League
 - Canada trip in 2026 (FIFA MENS WORLD CUP)

Women's 1st Team + Reserves

- 1st Team and Reserves
 - NRL Premier League + NRL Premier Reserves League
 - Top 4 qualify for National League
 - Winner of National League qualifies for OFC Champions League – FIFA Club World Cup
 - No Fees in 2025
 - Commitment to support high level women's football
- Season
 - Pre-Season February
 - Season runs March – December
 - 2x Week Training
 - 1 S+C / 2 on field
 - Video Analysis
 - GPS Trackers



Tournament Selections

- Performance Phase
 - Best available players selected across all eligible ages
 - Learn to Win – Playing time minimized
 - Good performance rewarded with more game time
- Youth National Tournaments
 - U17s @ Western Springs in December
 - U19s @ Napier in October



Community Impact

- Junior and Youth Coaching
 - Little Guardians
 - Holiday Program
 - Junior community teams
- Community Referee Courses
- Parent involvement an expectation
 - Game Day Set Up
 - Fundraising!
 - Overall Club Support



if you have any questions, please contact

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